



**ABERYSTWYTH**

**Area Map & Mini Guide**

[www.aberystwyth.org.uk](http://www.aberystwyth.org.uk)

## Arriving in Aberystwyth

**By Car** The main long-stay car parks are found along Park Avenue. A free park-and-ride bus runs every 15 minutes between 8am and 6pm from the car park at the lower end of the Avenue to the town centre.

**By Bus or Train** The bus and railway stations are all on Alexandra Road. For the town centre and seafront follow Terrace Road, opposite the station building.

## Places to Eat

An idea of what's on offer, along with the many other choices:

**BAR ESSENTIAL** and **VARSITY** Terrace Road  
Good choice of meals and snacks in a pleasant bar.

**CENTRAL FISH RESTAURANT** Chalybeate Street  
One of many excellent fish and chip restaurants.

**INN ON THE PIER** Pier, Promenade  
All-day food and great-value offers on pizza.

**KAM SING** Promenade - near Pier  
Popular Chinese take-away.

**LITTLE ITALY** North Parade  
Established and popular Italian restaurant.

**THE MECCA COFFEE HOUSE** Chalybeate Street  
Coffees, teas, sandwiches, rolls and cakes.

**MORGAN'S CAFE** Terrace Road  
Busy little traditional cafe.

**SPICE OF BENGAL** and **CAFE ALL SPICE** Portland Road  
Indian restaurants and takeaways with extensive menus.

**TREHOUSE** Baker Street  
Particularly good for organic and vegetarian meals.

**UPPER LIMIT CAFE** North Parade  
Good value food and locally-famous cooked breakfasts.

## Entertainment

Spar on Terrace Road is open 24 hours a day, 7 days a week for food and essentials.

Selected shops open for six hours on Sundays.

The main shopping areas are Great Darkgate Street and Terrace Road, though the back streets have all sorts of interesting smaller shops too. Normal hours are 9.00am till 5.30pm, with selected shops open for six hours on Sundays.

## Shopping

Bridge with its famous bridges and waterfalls.

**VALE OF RHEIDOL RAILWAY** Take a steam railway ride to Devil's restaurant and free exhibitions.

**NATIONAL LIBRARY OF WALES** Features regular films, talks, a shop, views and the intriguing Camera Obscura.

**CONSTITUTION HILL** Ride the cliff railway to the top for unrivalled free entry and regular exhibitions.

**CEREDIGION MUSEUM** The history of the town and county, with and enjoy a park, crazy golf and putting green.

**ABERYSTWYTH CASTLE** Explore the ruins of a 13th Century castle

## Things to See

## Sports and Recreation

**PLASCRUG LEISURE CENTRE** Features two swimming pool, indoor and outdoor courts and a fitness suite. Located off Llanbadarn Road/end of Plascrug Avenue. Tel. 01970 624579.

**BOWLING GROUND & TENNIS COURTS** Available daily till dusk on the recreation ground off Queen's Road.

**SKATE PARK** A ten minute walk from town along Park Avenue.

## Public Transport

### HANDY BUSES

504: Circular Penglais Hill - Waunfawr - Llanbadarn - Penparcau

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X32: Express to Machynlleth, Dolgellau and Bangor

X40: Express to Aberaeron, Lampeter and Carmarthen

Information line: 0870 608 2608

### NATIONAL EXPRESS

Daily coach to London and Birmingham from Alexandra Road and Penglais Campus. Information: 0870 580 8080.

### NATIONAL RAIL

Two-hourly service to Machynlleth, Shrewsbury and Birmingham. Information: 0845 7 48 49 50.

## Healthcare Services

Details of doctors, dentists, opticians, chemists and health advice available from NHS Direct Wales on 0845 4647.

## Local Radio

Radio Ceredigion 103.3FM Bilingual, county-wide

**ABERYSTWYTH ARTS CENTRE** Located on the university's Penglais Campus, the centre has regular shows, plays and a comfortable modern cinema. Box office: 01970 623232.

**COMMODORE CINEMA** Aberystwyth's main cinema, showing the latest films. Information line: 01970 612421.

Details of what's on at these and other venues are given on the notice boards at the junction of North Parade and Terrace Road, and in the Tourist Information Centre.

# Aberystwyth



## Further afield – directions and walking times from middle of map

### UP PENGLAIS HILL

- Arts Centre – 20 mins
- Bronglais Hospital – 10 mins
- National Library – 12 mins
- Penglais Campus – 15 mins

### ALONG PARK AVENUE

- Parc-y-Llyn Retail Park – 15 mins

### ALONG PLASCRUG AVENUE

- Plascrug Leisure Centre – 10 mins

### ALONG LLANBADARN ROAD

- Llanbadarn Campus – 40 mins
- Llanbadarn Village – 30 mins